

CAROLE J. SLUSKI



Author, Inspirational Speaker,
Advocate & Motivator

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ABOUT CAROLE

Carole Sluski is a mother of two daughters, but she is also a victim of the worst loss a person can have: she is a parent who lost her child and experienced mental and physical pain of grief. Through devotion in faith, she reached out to God for help to survive.

She currently resides in Florida with her husband Dr. Dennis Sluski, and after thirty years, Carole had a calling to share her journey of learning how to live out life with peace and well-being. Her story will make you cry, laugh, connect, understand, learn, sympathize, appreciate, and believe in hope.

Over the course of years, she gathered her expertise, knowledge, and talent and put it to use for her recovery and to benefit others she loves.

Professionally, Carole is an accomplished entrepreneur in business and creative arts.



WHY BOOK CAROLE?

Carole is an author, inspiring speaker, advocate and mentor. Her natural ability to connect and share with her audiences brings forward her calming approach to life and her transformative expertise. There are various topics with rich content that Carole shares with audiences through a mix of her life experiences and compassion. Ultimately, she merges a calming energy, authenticity, and enthusiasm to empower and encourage any audience. While Carole routinely delivers custom content, to follow are a few suggested discussion topics and questions.

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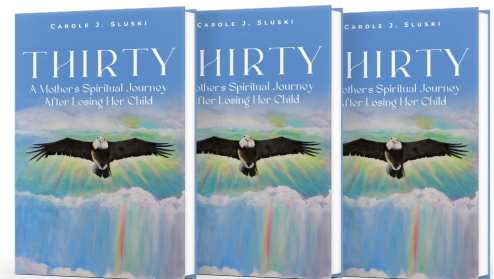
SUGGESTED INTERVIEW TOPICS

- The unbearable pain, grief, and mourning one can ever feel when losing a child.
- Grieving the loss of a child, partner, parent, sibling, grandparents, or friend and the search for Christian comforting messages to feel that they are not alone.
- The book *Thirty: A Mother's Spiritual Journey After Losing Her Child* by Carole J. Sluski.



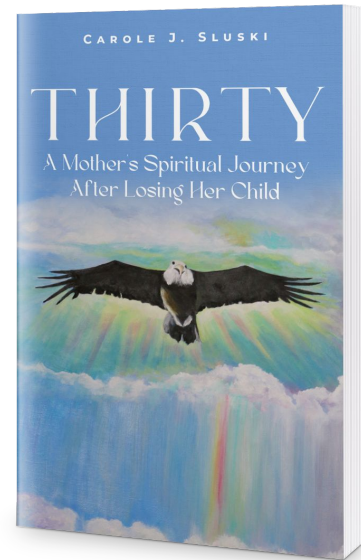
SUGGESTED INTERVIEW QUESTIONS

- Wednesday, March 18, 1992, was an entirely chaotic and stressful day. Can you tell us a little bit about what you call in the book "The Beginning of the End"?
- How did you feel when you got the call from the hospital and the doctor said Paula had been admitted to the ER early in the morning at 2:00 a.m.?
- What was the first thing you did when you arrived at the hospital? Did you feel hopeless and did you reach out to God at this point?
- How did you deal with the guilt of not going to her house the evening before when you talked to Paula?
- Mentally and emotionally, you were very quiet, tired, and heartbroken. You kept your emotions, thoughts, and feelings under control in front of everyone else around you. Internally, how were you really feeling?
- How was the decision process of letting Paula off the life support system?
- After the service and everything that immediately followed after her death, how were the first couple of months for you?
- When did you realize that healing was possible?
- When did you decide you were going to write the book and why name it *Thirty*?
- Knowing your God and that the Holy Spirit is for real, do you think you will see Paula again in Heaven?



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I visualized I was standing in the middle of a field looking up into the baby blue sky. The clouds are fluffy like huge cotton balls spreading across as far as one can see. The sun's rays are glimmering shining through and beyond the clouds down to the earth as a faint rainbow starts to appear. Then out of nowhere, comes this beautiful eagle with its wings spread wide, gliding downward as it picks up Paula's soul and flies her up to Heaven.



ABOUT THE BOOK

Losing a child can only be described as an immediate shock of unbearable pain, grief, and mourning one can ever feel. Carole Sluski's experience was no different. After losing her daughter Paula as a young adult, while still on her deathbed, she grasped for the hope that a miracle would happen and she would have her child back again. At this crisis stage, she reached out to God because she had nowhere else to go.

As reality started settling in, Carole began leaning heavily on her faith to make it through each day of her life. She was given a tool to use for healing her grief. As she continues to progress in living her life daily with healing, she has experienced a new development of her faith brought on by her connection with the Blessed Virgin Mary, the mother of Jesus.

In *Thirty: A Mother's Spiritual Journey After Losing Her Child*, Carole shares her raw first-hand experience of the pain, confusion, disbelief, loneliness, sadness, and sickness she encountered in the loss of her child, Paula. From the early stages, in the beginning, days, weeks, and months of her loss, when she realized she was living in her darkest moments, to her thirty-year journey of grieving and healing through her faith in God, Carole will help you understand that healing is possible.

Carole's inspiring and touching story proves that taking small steps through your new life will make you a better person to yourself and others. Carole's love for Paula enabled her to be stronger and become a survivor through the worst physical illnesses and mental suffering she incurred. Knowing her Christian God that the Holy Spirit is for real, she knows she will see Paula again in Heaven.

Just like she did, you can also experience how faith will make you persevere in your darkest moments and unbearable pain.

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TITLE - Thirty

SUBTITLE - A Mother's Spiritual Journey After Losing Her Child

TAGLINE - How Faith Guided Me Through My Darkest Moment and Unbearable Pain.

LAUNCH DATE - 1/10/23

AUTHOR NAME - Carole J. Sluski

PUBLISHER - CJ Studio



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SUGGESTED RETAIL PRICE FOR ELECTRONIC - \$7.99 - \$11.99

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OF PAGES - 228

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ELECTRONIC ISBN # - 979-8-9873059-0-4

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AMAZON - [Thirty](#)

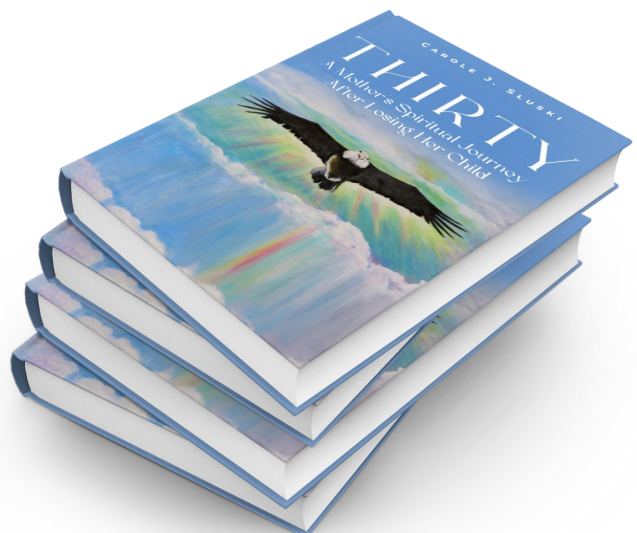
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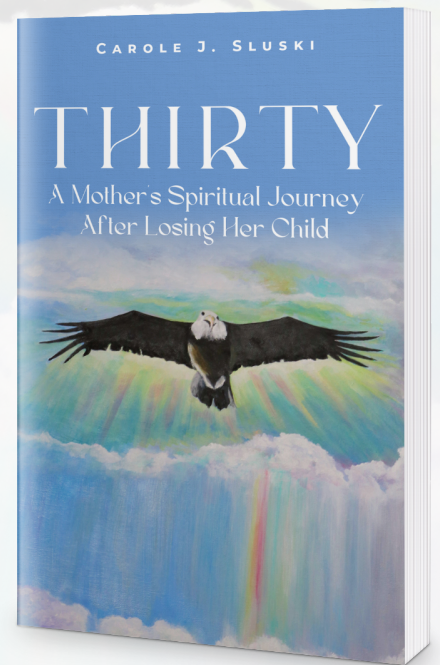


THIRTY

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To Connect with Carole: cjstudio@comcast.net